

FAITH AT WORK

Official Newsletter of Faith Lutheran Church

From Pastor Barbara

In our discussions of the "Blue Zones" video series recently on Sundays, we learned how people like Stamatis lived to be 102 years young, despite a terminal lung cancer diagnosis by 3 different doctors in his 60's. Stamatis didn't start exercising more, didn't start a new drug regimen, but changed his environment. Leaving the US, he moved back to his home island, Ikaria, in Greece, breathed the clean, island air, drank local wine (loaded with antioxidants), had the support of friends, got exercise everyday by tending his vineyard and participated actively in community and his home church.

What needs to change about your environment & life this Lent?

As we studied how people live to be 100 in Blue Zone areas of the world, we realized participating actively in a faith community is part of a long, healthy life (not just being a member, but actively showing up for worship on Sundays, volunteering, helping out, asking us "what can I do to help?").

This Lent at church, we're encouraging you to make & use a God Box, too. A God Box may be made from an empty tissue box, tea box or a box of any kind. Each day during Lent, you write down on paper a prayer that you are giving to God, such as something or someone you're worried about. Write down your worry on paper, fold up the paper, put it in the God Box, and let your worries go!

Let us worship every Sunday and make use of spiritual resources such as the God boxes this Lent. Then let us be open to where the Spirit leads us for our ministry together as FLCCV.

Yours in Christ,
Pastor Barbara

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Julie Davis's Celebration of Life

Longtime member Julie Davis passed on to the next life on Sunday 1-7-24, at home hospice with Alzheimer's, well cared for by her loving husband Glen. Glen plans a Celebration of Life on Saturday, May 18th.

Kelly Miller-Sanchez's Ordination

Kelly Miller-Sanchez's ordination is planned for Saturday, March 16th at 1pm at her (now closed, but not yet de-commissioned) home church: Holy Redeemer in Newark, CA. Pastor Kelly has been called to be the Pastor of Resurrection LC in Dublin. Congrats to her!!

Seeking New Livestreamers

Are you in high school or college & looking for a part-time job? Learn OBS & livestream our church services for \$50/Sunday. Contact parishadministrator@flccv.org

New Bible
Study on Mark
Sundays @
12:30 in the
Graydon Room



PLEASE KEEP IN YOUR PRAYERS

Gail Hanlon - Peggy's sister

Margot Zarezka

Joan Pickle, friend of Bonnie Nentwig

Larry Malcolm, brother-in-law of Jean Holien

Bev, friend of Kirsten Severson

Chris Kitting

Ernestine, friend of Carleen Cary

Warren Combs, Laura Seppala's brother

Nancy Holien Malcom

Lori Jensen, niece of Jean Holien

Dave Rowe's family mourning his passing on

Kirsten Severson

Sue Abdelatiff - Seth Holien's mother-in-law

Travis & Patrick, nephews of Carleen Cary

Wayne Nelson

Joyce Lucchesi

Stacy Green

Bill & Joyce Lewis

Craig Hanson, brother of Julie Davis

Isaac Gold

Karen Stein

Richard Vivio

Craig Hanson

Virginia Degner

Ashley Tapparo

Justin Camacho

Connie Zipton

Wendy Brooke, Perri Gallagher's sister

Florence Soldahl

Glenda Saylor

Howard Ferrel

Felipe and Franchesca

Laura Nordendahl

Ray Holstead, father of Ed

Gordon Fraser, husband of

Katherine Korda

Patricia Kinsel battling cancer and

mourning the loss of her son, Jim

Kinsel

Joseph Family

Earle and Candy mourning the

passing of son, Kevin

Glen Davis & family mourning the
passing of Julie & celebrating her life

Family of Len Burnand in mourning

Master's family mourning passing of
Stephen, neighbor of Esther Joseph

Jeanne Becnel, at the hospital

*We pray for those serving in the
Military, and their families:*

Ashley Ogden Kevin Lois

Alex Barta Aidan Monroe

Jessica Barta Brokk Nyswonger

Rev Chris Conklin Samuel Reed

Joshua Weideling Bryson Rovetta

Hannah Lois

**Please email updates to Prayer List to
Yaella at**

parishadministrator@flccv.org

Wonderful Wednesdays

- Join us for a potluck dinner at 6-7pm in Jensen Hall on March 6th.
- Scout Sunday had a great turnout of kids & youth at 11 am service Feb. 4th
- Ash Wednesday 7 pm service Feb. 14th had Guest Preacher Pastor Guta

Holy Week 2024

Palm Sunday March 24th
9:15 & 11 am service

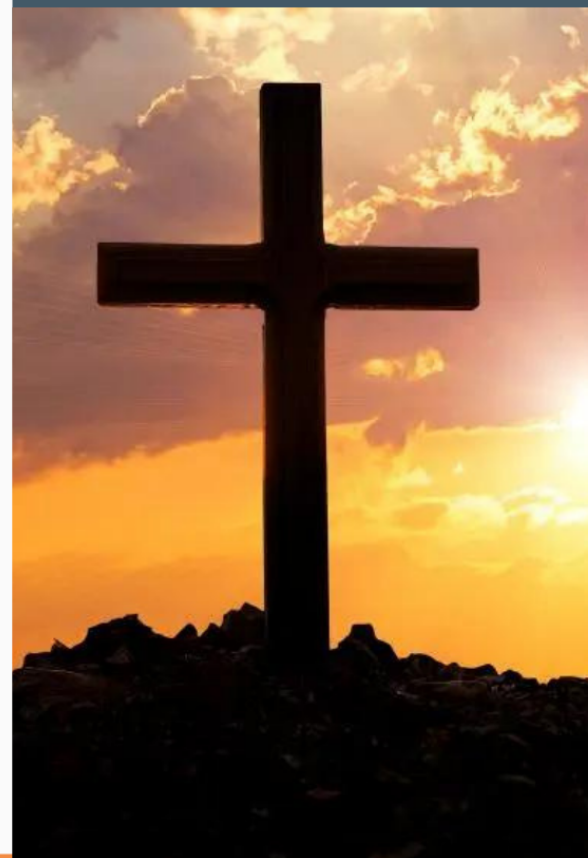
Maundy Thursday March 28th
7pm service

Good Friday March 29th
lay-led Stations of the Cross 12 noon
7pm service

Easter Sunday March 31st worship at 9:15 &
11 am with Easter Breakfast at 8:30 to 11am

Birthdays

Matt Eickmann	3/06
Erin Callihan	3/10
Thomas Bostrom	3/12
Amber Hendrickson	3/14
Wil McDermott	3/16
Perri Gallagher	3/17
Zebedee Stiers	3/18
Libby Hendrickson	3/20
Titus Vikneswarra	3/20
Aaron Gallagher	3/22
LaRae Gayler	3/24
Josue Tun-Rivera	3/28
Konnor Callihan	3/31





Governing Board Top 5 (2-15-24)

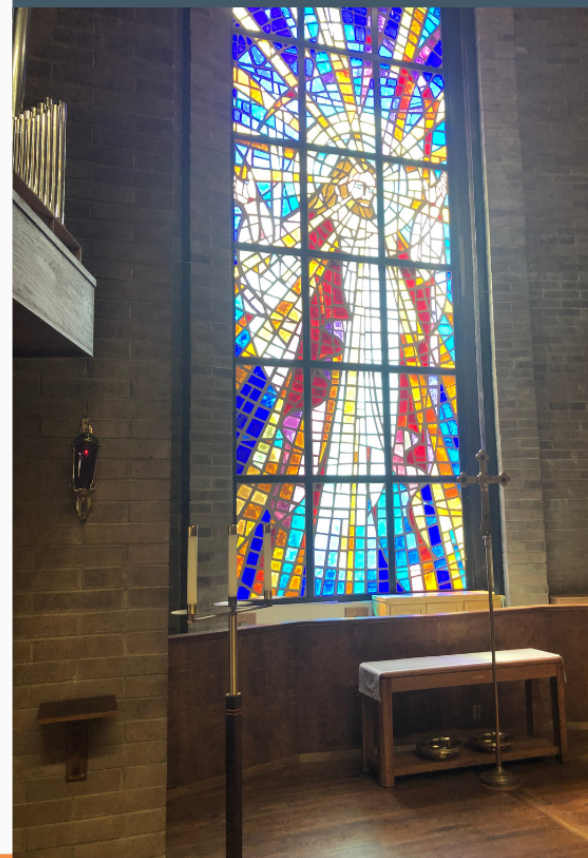
1. The dead birch tree was removed and the palm tree by the Food Pantry was pruned as an example of routine plant maintenance.
 2. The Giving Sunday follow-up letters sent out to church members had a good response with more members turning in pledge cards. It's not too late to turn yours in!
 3. Yaella's parish administrator training is going well, and she is quickly picking up everything she needs to know. We are lucky to have her!
1. We are happy to announce that we will be having an Easter breakfast this year; Robert Pimentel is in need of volunteers to help, for: cooking, set-up, & clean-up.
 2. Scout Sunday was a rousing success! We needed lots of extra bulletins to give out to all of the visitors!

Food Pantry Numbers from 2/15/24:

Clients	107
Bags	198
avg # bags	1.9
#members	414

For the month of February

Clients	232
Bags	415
#members	882



Staff

Pastor: Rev. Barbara K. Foltin (510) 582-0818

pastorbarbara@flccv.org

Parish Administrator: Yaella Raboca

(510) 582-0818 parishadministrator@flccv.org

Church Musician: Andrew Thomas

music@flccv.org

Bookkeeper: Lois Hilton (510) 342-3396

financial@flccv.org

Custodian: Myra Lucchesi (510) 582-0818

Food Pantry Facilitator: Gail Kiyomura

foodpantry@flccv.org

Governing Board

President: Orlando Figueroa

figueor@gmail.com

VP of Missions: Ben Monroe

benmonroe@icoud.com

Treasurer: Dennise Templeton

deonisia1@yahoo.com

Property Lead: Robert Pimentel

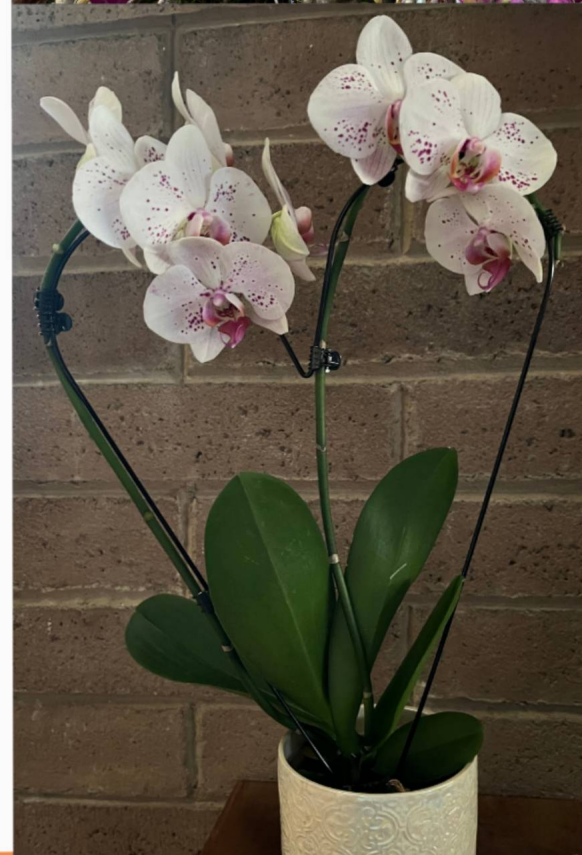
silversport61@yahoo.com

Secretary: Kim Hughes

kimmilein@yahoo.com

Non-Voting Member of GB: Pastor Barbara

pastorbarbara@flccv.org



MARCH 2024

SUN	MON	TUE	WED	THU	FRI	SAT
9:15am In-Person Worship Fellowship Time 11am Traditional Worship Service: Streamed Online on Facebook & In-Person 12:30pm Bible Study on Mark		7:30pm AA Meeting	7:30pm Bell Choir	11am Quilters	10am Watercolor Art Class	Altar Guild Setup 9am AA Book Club
7pm AA Meeting	6:30pm Boy Scout Troop 726 Committee Meeting		6pm Wonderful Wednesdays	76:30pm Emergency Food Distribution	1 6pm California Repercussions Band Practice	2 10am Scrapbooking/Crafting
3	4	5	6	7	8	9
10	11 4:15pm Delta Gamma Meeting 7pm Boy Scout Troop 722 Committee Meeting 7pm Sarah Circle: Meeting on Zoom	12	13	14 6pm BS Troop 722 Meeting	15	16 1pm Ordination Kelly Miller-Sanchesin Newark
17	18 7pm AA Business Mtg (JH)	19	20	21 6:30pm Emergency Food Distribution	22 2pm Scrapbooking Group	23 2pm Scrapbooking Group
24 Palm Sunday 2pm Scrapbooking Group	25 6:30pm Boy Scout Troop 726 Committee Meeting	26	27	28 7pm Maundy Thursday	29 12pm Stations of the Cross 7pm Good Friday	30
31 Easter Sunday Easter Breakfast						

